

CrossFit Peachtree - Schedule

As of September 2019

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
5am							
6am	CrossFit 5:30-6:30am	CrossFit 5:30-6:30am	CrossFit 5:30-6:30am	CrossFit 5:30-6:30am	CrossFit 5:30-6:30am		
7am	CrossFit 6:30-7:30am	CrossFit 6:30-7:30am	CrossFit 6:30-7:30am	CrossFit 6:30-7:30am	CrossFit 6:30-7:30am		
8am							
9am						CrossFit 9-10am	
10am						CrossFit 10-11am	CrossFit 10-11am
11am						Open Gym 11-12pm	Open Gym 11-12pm
12pm	CrossFit 12-1pm	CrossFit 12-1pm	CrossFit 12-1pm	CrossFit 12-1pm	CrossFit 12-1pm		
1pm							
2pm							
3pm							
4pm	CrossFit 4-5pm	CrossFit 4-5pm	CrossFit 4-5pm	CrossFit 4-5pm	CrossFit 4-5pm		
5pm	CrossFit 5-6pm	CrossFit 5-6pm	CrossFit 5-6pm	CrossFit 5-6pm	CrossFit 5-6pm		
6pm	CrossFit 6-7pm	CrossFit 6-7pm	CrossFit 6-7pm	CrossFit 6-7pm	CrossFit 6-7pm		
7pm	CrossFit 7-8pm	CrossFit 7-8pm	CrossFit 7-8pm	CrossFit 7-8pm	CrossFit 7-8pm		
8pm	CrossFit 8-9pm	CrossFit 8-9pm	CrossFit 8-9pm	CrossFit 8-9pm			
9pm							

Elements
Private
Lessons
11a-1pm

Elements
Private
Lessons
11a-1pm

Elements
Private
Lessons
6-8pm

Olympic
Lifting
6-7:30pm

Olympic
Lifting
6-7:30pm

Elements
Private
Lessons
6-8pm

Olympic
Lifting
6-7:30pm

Olympic
Lifting
6-7:30pm